



## Non-Perishable Food Items Most Needed

Each bag should contain at least 6 food items:

- Two Entrée Items
- Two Breakfast Items
- Two Healthy Snacks

The menu below provides a list of approved food items Food items should be single serving and easy to prepare. Canned food items should have pop-tops as not everyone has access to a can opener. **Please do not include candy, gum, or any foods with nuts.**

### Approved Menu Items

| Breakfast                     | Entrée                                    | Healthy Snacks                  |
|-------------------------------|---|---------------------------------|
| Breakfast Bars                | Soups                                     | Fresh fruit                     |
| Oatmeal                       | Canned Meats                              | Canned fruit                    |
| Cereal Bowls (single serving) | Ravioli type products                     | Cheese Sticks                   |
| Grits                         | Meat Sticks                               | Raisins                         |
| Granola Bars                  | Canned Beans                              | Animal Crackers                 |
| Fruit & Grain Bars            | Canned Vegetables                         | Cheese & Crackers               |
|                               | Non-Peanut Spread (Sunbutter, Wow Butter) | Graham Crackers                 |
|                               |   | Fruit Snacks                    |
|                               |   | Pudding (2% Milk)               |
|                               |   | Applesauce                      |
|                               |   | 100% Juice<br>Shelf Stable Milk |

**Collected food should be unexpired, recently purchased items in cans, boxes, or plastic containers. No glass bottles or homemade food accepted.**