



Executive Biography



Cindy Ryan
Human Resources Officer
U.S. Commercial Markets

Cindy Ryan is the human resources officer for all of Cigna's U.S. Commercial business segments, where she is accountable for driving business growth through talent management strategies, employee engagement, and leadership effectiveness. As a senior human resources leader, she ensures clear linkage between Cigna's business strategy and effective human resources and people strategies. She has deep expertise and a track record of success within talent management, organizational succession, employee relations, leadership development, and training.

Cindy has been with Cigna for over 18 years in a variety of HR leadership roles. She has spent the majority of her time at Cigna in human resources business partnership leadership positions aligned to several of key business and functional areas, where she played a critical role in driving business growth and large-scale organizational change. Cindy also led the Talent Management organization for Cigna worldwide, which encompassed recruitment, learning and development, leadership development, succession planning, strategic workforce planning, employee engagement, performance management and employee relations.

Prior to joining Cigna, Cindy worked in HR generalist roles for small healthcare delivery companies. Cindy holds a Bachelor of Science degree in Management from the State University of New York at Geneseo and a Master of Industrial Labor Relations degree from Cornell University. She is a graduate of Cigna's Human Resources Development Program. She serves on the Board of Directors of the United Way for Central and Northeastern Connecticut as well as the National Board of Directors for Blessings in a Backpack.

Cindy resides in West Granby, CT and is married with three children.