Positive Note Cards: What TO Write

-Keep it positive
-Keep it brief
-Keep it simple

Examples of note cards you should write are below.
Positive Note Cards: What NOT to Write

- Any reference to religion
- Any reference to drugs/alcohol (even if it says don’t)
- Any reference to a house, room, or home
- Any reference to food or belongings
- Anything a 4-5 year old would NOT be able to understand

Examples of note cards you should NOT write below.