



Most people can't wait
for the weekend.

But hungry kids can't wait
for it to be over.

Did you know 13 million kids in America won't have enough food to eat this weekend? That means 1 in 5 kids will eat meals at school but they won't have nutritious food on Saturday or Sunday. The consequences are much more than a growling stomach. Hunger can cause health problems, shorten a child's attention span, lower their IQ and keep them from making good grades.

That's where Blessings in a Backpack can help. We have one simple mission: we send kids home on Fridays with backpacks full of satisfying and nutritional food for the weekend. So they don't go hungry.

Thanks to more than 16,000 volunteers, throughout the 2017-2018 school year, Blessings in a Backpack provided over:

3 MILLION

Hunger-free weekends
for over

87,000

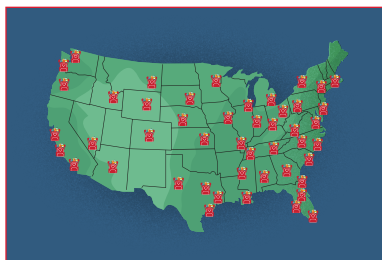
kids
in more than

1,000

schools nationwide.

For as little as **\$2.90**, you can help provide a hunger-free weekend for a child. Enough to keep hunger pangs at bay until children return to school on Monday morning. But the impact goes beyond that.

Kids who have enough to eat do better in school and feel cared for by their community. And the need grows everyday. Who will feed the kids this weekend? We hope you will!



Blessings in a Backpack is currently in 45 states and Washington, D.C.



**BLESSINGS IN A
BACKPACK**

Who will feed the kids this weekend?

blessingsinabackpack.org