



Trisha Ewald

Blessings Volunteer for over 5 years

Says Trisha: "The Grand Canyon was awesome, but even better is packing backpacks every week for kids in my community."

She thought the coolest thing she ever did was visit the Grand Canyon.

Until she filled up a backpack.

It's true. There's nothing much more awe inspiring than the Grand Canyon. But if you've ever filled a backpack with food so a kid can eat over the weekend, you know how awe inspiring that is. And the amazing difference it makes in the lives of hungry kids.

Over 13 million kids in America don't have food to eat on the weekends. But you can help change that. Yes you.

So put down that travel guide and join us. Do the coolest thing ever. Find us at blessingsinabackpack.org.



**BLESSINGS IN A
BACKPACK**

Who will feed the kids this weekend?