

Grains of knowledge.



It's just rice to you and me. But to over 13 million hungry kids in America, it's a lot more. Along with other nourishing foods, it can mean a full tummy on Monday morning and the ability to make better grades. Right now, one in five kids doesn't have food to eat on the weekend. At Blessings in a Backpack, that's

not something we can accept. That's why we mobilize communities across the country to provide food on Saturdays and Sundays for elementary school children who might otherwise go hungry. And we could use your help. To find out how you can help, go to blessingsinabackpack.org.



**BLESSINGS IN A
BACKPACK**

Who will feed the kids this weekend?