



***Kind of a scary thought that there's more than enough candy but not enough food.***

## **THE SCARY REALITY OF CHILDHOOD HUNGER**

- **9 million American children are experiencing food insecurity.** That's one in eight American children at risk of going hungry on the weekends.
- Poor nutrition can result in a weaker immune system, increased hospitalization, lower IQ, shorter attention spans, and lower academic achievement.
- Some children do not know where their next meal will come from when they are not at school.
- Children are more likely to face food insecurity than any other group in the United States.

**Americans spent \$3.1 billion last year on Halloween candy.**  
*That would feed over 20 million children through Blessings in a Backpack. This Halloween, ditch the candy and help us feed the kids this weekend! Learn more at [blessingsinabackpack.org](http://blessingsinabackpack.org).*

**Donate Online**

