



## ABOUT "BACKPACK ADVENTURES"

Blessings in a Backpack is asking YOU to take pictures with a cut-out doll—*Even Stephen* or *Plane Jane*—and document your adventures on social media.

Help the campaign go viral by sending the character to a friend, family member, volunteer, celebrity, influencer, or anyone of interest. Ask them to take a picture with *Even Stephen* or *Plane Jane* and tag YOU + @blessingsinabackpack on social media.

The recipient can then invite others to join in the fun!  
**Our goal is to receive photos from all 50 states.**



## INSTRUCTIONS:

- 1.** Scan the QR code or go to [blessingsinabackpack.org/backpack-adventures](https://blessingsinabackpack.org/backpack-adventures) to **choose an *Even Stephen* or *Plane Jane* to download and print it** on 8.5 x 11 inch paper.
- 2.** **Cut-out the doll.** Tape it to a popsicle stick, pencil, or another slim, sturdy object.
- 3.** **Go on adventures with the doll and take pictures!** Ideas include:
  - Local landmark in your town
  - Family dinner
  - Volunteer opportunity
  - Grocery store
  - On holiday
  - And many more!
- 4.** **Document your adventures on social media.** Scan the QR code to connect with us on Instagram, TikTok, Facebook, and more. Tag Blessings in a Backpack in your post and use the hashtags #blessingsinabackpack #backpackadventures. Tell your friends, family, and followers how they download an *Even Stephen* or *Plane Jane*!

Not active on social media? You can send us the pictures via our website. Go to [blessingsinabackpack.org/backpack-adventures](https://blessingsinabackpack.org/backpack-adventures) and fill out the form.

- 5.** **Extra credit! Write a letter and mail a doll to someone in another state.** Help us reach our goal of traveling to all 50 states by the end of the year.

