



LOVE IS A VERB!

This Valentine's Day, join the movement to end childhood hunger. Let's feed hearts and bellies together!

Topic: Childhood hunger

Links and downloadables: blessingsinabackpack.org/hearts

Goals:

Your class will cultivate an understanding of childhood hunger, develop empathy, and take action. Working together, students will:

- Raise money to provide food on the weekends for children in your community who are struggling with food insecurity.
- Donate cards to a local Blessings in a Backpack program. We will include the cards in the food bags that children receive on Fridays.

MENU OF OPTIONS

1. Watch *Maddi's Fridge*

Maddi's Fridge, written by Lois Brandt, is a children's picture book that raises awareness about poverty and hunger. Several Blessings in a Backpack supporters, including Jennifer Garner, have donated their time and talent to read *Maddi's Fridge*.

3. Color Valentine's Day cards

Cut, color, and personalize adorable printable Valentine's Day cards to donate to a local Blessings program. Or mail them to our Chicago office, and we'll find backpacks for them.

2. Make piggy banks

Request refrigerator-shaped piggy banks for your class and we'll ship them to you for FREE! Your students will decorate their piggy bank using stickers and markers and take their piggy banks home. As a class, collect money to donate to a local Blessings program.

4. Do all the activities

- Watch *Maddi's Fridge* on the big screen.
- Request FREE piggy banks for your students. Have them decorate their banks using stickers and markers.
- Set a fundraising goal for your classroom. \$150 will feed a child on the weekends for one school year.
- Cut, color, and personalize adorable printable Valentine's Day cards to donate to a local Blessings program.

Inspiration:

By hosting a "Love is a Verb" Valentine's Day party, students will learn to be compassionate, help others, and spread kindness. You, as an educator, will raise awareness about poverty and childhood hunger. You will be making a positive impact not only in the lives of food-insecure children in your community but the children in your classroom.