



LOVE IS A VERB!

Join the movement to end childhood hunger. Let's feed hearts and bellies together!

Topic: Childhood hunger

Links and downloadables: blessingsinabackpack.org/love-is-a-verb

Goals:

Your class will cultivate an understanding of childhood hunger, develop empathy, and take action. Working together, students will:

- Raise money to provide food on the weekends for children in your community who are struggling with food insecurity.
- Donate cards to a local Blessings in a Backpack program. We will include the cards in the food bags that children receive on Fridays.

MENU OF OPTIONS

1. Watch *Maddi's Fridge*

Maddi's Fridge, written by Lois Brandt, is a children's picture book that raises awareness about poverty and hunger. Several Blessings in a Backpack supporters, including actress Jennifer Garner, have donated their time and talent to read *Maddi's Fridge*.

3. Color greeting cards

Cut, color, and personalize adorable printable note cards to donate to a local Blessings program. Or mail them to our Chicago office, and we'll find backpacks for them.

2. Donate to Feed Kids

Inspired to help Blessings in a Backpack put food in kids' backpacks, much like Sofia helped Maddi? As a class, troop, or family, come together to collect money and donate it to Blessings in a Backpack. Set a fundraising goal: \$5 will feed a child for one weekend!

4. Do all the activities

- Watch *Maddi's Fridge* on the big screen.
- Request FREE piggy banks for your students. Have them decorate their banks using stickers and markers.
- Set a fundraising goal for your classroom. \$175 will feed a child on the weekends for one school year.
- Cut, color, and personalize adorable printable note cards to donate to a local Blessings program.

Inspiration:

By hosting a "Love is a Verb" activity, students will learn to be compassionate, help others, and spread kindness. You, as an educator, will raise awareness about poverty and childhood hunger. You will be making a positive impact not only in the lives of food-insecure children in your community but the children in your classroom.